

# DESTINATIONS

## ACCESSIBLE TRAVEL | SOLO TOURS



### SOLO TRIPS FOR WHEELCHAIR USERS

Take the stress out of a solo trip with assisted group tours designed to cater to all, writes **Lina Molloholli**



#### COSTA RICA

Costa Rica pulsates with biodiversity with the 'Pura Vida' (pure life) spirit resonating through every accessible path. Nature enthusiasts can explore the Arenal Volcano National Park rainforests, where wheelchair-friendly trails lead to waterfalls and wildlife, including jaguars and tree frogs. For the thrill-seekers, there are accessible zip-lining adventures. Historic, accessible treasures of capital San José include museums, the quirky mercado (market) and Spanish-era architecture.

**Book it:** Limitless Travel offers a fully assisted and guided 10-day tour from £4,999, flying on November 8, 2024, including excursions, transfers and some meals.

[limitlesstravel.org](http://limitlesstravel.org)

PICTURES: Shutterstock/Amlan Sanyal, Dalu; křivínis, irabantos, Aikadji Schell

#### GOLDEN TRIANGLE, INDIA

Comprising the cities of Delhi, Agra and Jaipur, the Golden Triangle is a ride through history, culture and delicious food. In Delhi, visitors will see the Red Fort and India Gate before heading to an elephant conservation centre. In Agra, the Taj Mahal's marble pathways allow wheelchair users to examine the mausoleum in detail. Jaipur boasts architectural wonder the City Palace, where the main rooms are wheelchair friendly.

**Book it:** Responsible Travel's five-night Wheelchair Accessible Golden Triangle Tour starts at £1,712 for a solo traveller, including in-country transport, some meals and entry fees.

[responsibletravel.com](http://responsibletravel.com)



#### CHANIA, CRETE

Chania's old town exudes charm, with well-preserved lanes full of tavernas and handicraft shops. Combine a visit with a stay at the Eria Resort – designed with accessibility in mind – which hosts a Greek night with a barbecue to give solo travellers the opportunity to mingle.

**Book it:** Enable Holidays offers seven nights at the Eria Resort from £1,595 for a solo traveller, including transfers, some meals and two excursions, flying from Gatwick on April 10, 2024.

[enableholidays.com](http://enableholidays.com)

#### VALLETTA, MALTA

Malta mixes history with practicality. Wheelchair ramps provide access to capital Valletta's main sights, including St John's Co-Cathedral. In the southern fishing village of Marsaxlokk, rainbow-painted luzzu boats converge by the paved quayside. Send clients keen to visit the island's sun-kissed shores to Mellieha Bay, which has beach wheelchairs that can be used on sand and steered up to the water's edge.

**Book it:** Your Direction offers seven nights in Malta from £2,690 for a solo traveller, including accommodation, some meals and excursions, departing on September 17, 2024.

[yourdirection.co.uk](http://yourdirection.co.uk)



#### ALBANIA

Albania's commitment to accessibility has seen improvements in the country's infrastructure, such as wheelchair-friendly pathways and ramps. In the capital Tirana, visitors can explore the grounds of Skanderbeg Square and the colorful Blloku district, offering eclectic boutiques and cafes. Seaside Dürres boasts paved routes to the amphitheatre, while a short sojourn in Kruja reveals the Old Bazaar's flat mosaic-tiled streets, allowing wheelchair users to immerse themselves in the town's timeless charm.

**Book it:** Jules Verne offers a five-day semi-assisted tour from £895 for a solo traveller, flying from Heathrow on May 6, 2024, including excursions, transfers and some meals. Additional personal assistance on request.

[vjv.com](http://vjv.com)

