

ASK THE operator

Solo parents often have extra factors to consider when booking a holiday. **Lina Molloholli** seeks advice for hassle-free getaways



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1 ADVENTURE

WHAT'S THE BRIEF?

A single dad with two teenagers is looking to book an adventurous holiday that will allow them to connect with each other, local people and nature. They are interested in activities such as hiking, cookery classes and watersports, but also want some downtime.



Joanna Reeve
UK and Ireland general manager,
Intrepid Travel

WE SUGGEST

Morocco is a popular choice for solo parents, many of whom tell us they feel safer and more relaxed travelling around the country with a guide. I'd recommend our Morocco Family Holiday, which is available during the February, May and October half-term breaks – the best times to travel to avoid the summer heat. This trip is great for teenagers, thanks to its varied, hands-on itinerary. They will travel to the remote village of Aroumd [in the High Atlas Mountains] to experience traditional Amazigh culture by spending a night in a family-run mountain home known as a gîte, where they will share a meal with their host family and take part in bread-making. There's also time in the coastal city of Essaouira, where families can enjoy a picnic lunch on the beach and have the option to take part in water-based activities. Accommodation-wise, families of three will be placed in a triple room, or a twin and single at no extra charge. For clients interested in our camping trips, families receive two tents, also with no single supplement. What's more, it's worth noting to clients that children up to 17 receive a 10% discount on our Family Holiday collection.

Book it: Intrepid Travel's eight-day Morocco Family Holiday starts at £625 for adults and £563 for under-17s, based on twin-share accommodation, departing February 15, 2026.
intrepidtravel.com

2 NATURE

WHAT'S THE BRIEF?

A parent with a toddler and a 10-year-old is looking to book a short break. They want a mix of nature, wildlife and plenty of attractions for all ages, but with the option to relax at the end of a long day. They don't drive, so access to public transport is important.



Natasha Marson
head of trade distribution,
easyJet holidays

WE SUGGEST

I'd recommend the family-friendly destination of Tenerife. It's a firm favourite thanks to its wide range of flight routes from UK airports, the ease of getting around the island and because it offers a flavour of the culture via its local attractions. There's plenty for families to see and do – and agents should keep location and proximity to local experiences in mind when making a booking, to keep breaks relaxing without the need for long travel days across the island. The entire family will enjoy a boat cruise in search of whales and dolphins in their natural habitat. For anyone looking to gain some altitude, Teide volcano is a must – its imposing height will leave an impression on adults and kids alike. The four-star Landmar Costa Los Gigantes Family Resort [close to the centre of Puerto de Santiago] is perfectly suited to families. The supervised kids' clubs provide a safe and engaging space for young holidaymakers, with the resort's mascot, Landi, acting as an ideal holiday companion.

Book it: Four nights' B&B at Landmar Costa Los Gigantes Family Resort costs from £640 per person, based on one adult and two children sharing. The price includes flights from Gatwick on October 30, luggage and transfers.
easyjet.com/holidays

3 BEACH

WHAT'S THE BRIEF?

A single mother with a toddler is looking to book a beach holiday with plenty of opportunities to make memories with her young child. She also wants some space where she can take some chilled time for herself, while her little one is supervised.



Ellen Yates
sales supervisor,
Mark Warner

WE SUGGEST

I'd recommend our Paleros Beach Resort on Greece's Ionian coast. It has the shortest flight and transfer time [in our programme], which is great for little ones, and has ample air-conditioned spaces dedicated to early-years activities, plus a kids' pool, playground and spacious family rooms. Single supplements are at a reduced rate [for children], depending on date and room type. There's a childcare service for children aged four months upwards (extra charge for under-tuos), so toddlers are in safe hands while mum enjoys some downtime. We also have an early-evening high tea and evening childcare, when pyjama-clad little ones can get cosy watching a movie. The restaurant offers flexible mealtimes to help solo parents juggle their own needs with their child's routine, plus a baby station and parents' kitchen. Recommend a ground-floor room near the crèche for ease. The town of Paleros is a 25-minute stroll along a coastal path (unlit in the evenings), with a lovely play park and beach. It's flat and easy to navigate with a toddler in tow. Our inclusive activity programme also means it's easy to connect with others; many solo parents return every year.

Book it: Seven nights' half-board at Paleros Beach Resort costs £1,999 for one adult and one infant under two. The price includes transfers and flights from Gatwick departing October 26.
markwarner.co.uk