

# **DESTINATIONS**MONTREAL | CANADA



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CLOCKWISE TOP LEFT: Montreal
Museum of Fine Arts; Crew

Museum of Fine Arts; Crew
Collective cafe; St-Viateur bagel
shop; Le Mount Stephen

PICTURES: Shutterstock; Montreal Museum of Fine

Arts/Bernard Fougères; Tourisme Montréal/Susan

Moss: Commission Canadienne du Tourisme/Alice Gao

The Dominion Square Taverne is a wonderful 1920s beer hall type of a place. Less English pub, more old Berlin bar – and better for it. The place is warm and welcoming; the staff friendly, food great, the beer and wines excellent.

#### THE OLD AND BEAUTIFUL

Sleet falls all day Friday. After coffee at the Crew Collective cafe, a glorious spot in a magnificent former bank building in the financial district, and lunch at elegant Monarque, we brave the sleet to walk the cobbled streets of Old Montreal. We visit Pointe-à-Callière and Fort Ville-Marie, the birthplace of Montreal, and stop for more coffee at Le Panneur. Early evening, we head for Théâtre Maisonneuve in the arts district. We're lucky to see a farewell performance by Londonborn Bangladeshi dancer and choreographer Akram Khan.

Afterwards, we have a drink in a delightful bar-diner near the Dominion Square Taverne, are seduced by the menu and decide to eat there. We don't regret it.

#### BONJOUR, MONTREAL

On Saturday morning, the sun shines and we are met by our tour guide, Thom Seivewright, a wry, knowledgeable guy who chats amiably about his partner, parents, politics and life in Montreal.

The Golden Square Mile was once the wealthiest part of Canada, he explains, until the Wall Street Crash when the elite downsized and fled. We tour Crescent Street, a nightlife area; head to Mont Royal park, designed by Frederick Law Olmsted, who also laid out New York's Central Park; then wander through art deco Atwater Market.

The Saint Laurent Boulevard, which splits the city, used to mark a divide between English-speaking west and French east. Today, Thom says: "Montreal is where Québécois culture meets the world."

He shows us the upmarket, English-speaking district of West Mount, where songwriter Leonard Cohen grew up, and down-at-heel Saint Henry – now something of a 'hipster' district. We see Griffintown, the Irish Catholic neighbourhood, which has become a centre for tech companies, visit the cafes and boutiques of St Denis Street in the Plateau district, and take in Little Burgundy – an industrial neighbourhood-turned-foodie hotspot. Every trendy eating place has a 'speakeasy' bar at the back for those in the know, Thom explains. We head for Mile End, where "you can eat your way around the world". I emerge from St-Viateur bagel shop with a bag full of honey-water bagels. Claire points out she is not eating carbs. Lucky me, you might think. But really, six bagels? I slip into the lovely Café Olimpico for a sneaky coffee while our group moves off. Perhaps someone fancies a bagel...

Thom leaves us at the Museum of Fine Arts where we are both more captivated by a breathtaking exhibition of Inuit art.

On our final night, a restaurant seems in order. We find a likely looking place where we end up being the object of enquiry for the couple next to us for the following three hours – cue an awkward double date.

Afterwards, we consider visiting a jazz bar, but are jet lagged and go back to the hotel to play with the lights instead.

As we leave Sunday morning, the toilet gives a final salute. It is a comic end to a memorable Valentine's Day break.

I loved Montreal. Claire loved "the multicultural, New York village vibe and the food, and the hotel bar we never got to drink in."

Me too.

### BEST THINGS TO DO IN MONTREAL

- Eat food is a major feature of Montreal. The city is second only to New York in its number of restaurants.
- Stroll Old Montreal's cobbled streets are home to buildings dating from 1685.
- Shop Marché Jean-Talon in Little Italy and the art deco-style Marché Atwater are among the city's best markets.
- Climb scale Mont Royal for city views, then hit the underground walkways that connect buildings with Metro and rail stations.

#### **GETTING THERE**



Air Canada operates daily non-stop services to Montreal throughout winter, from £566 return, including taxes and baggage. aircanada.com