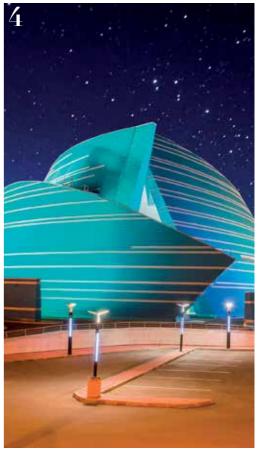




Looking to follow Joanna Lumley? Laura French picks out the best tours

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Four thousand miles of ancient trails, vast deserts and dramatic mountain passes: there's something quite magical about the Silk Road, the centuries-old network of trading routes that dates from the days of Alexander the Great and continued to be used for thousands of years.

Today, it retains mystery as much as beauty, stretching from the historic cities of China to the sparkling monuments of central Asia and Europe, connecting east to west in a one-of-its-kind overland route.

Now, adventurous travellers are catching on. Interest in the region has been growing steadily over the past few years thanks to increased political stability, and Joanna Lumley's recent TV series has given things a further boost. Operators have introduced tours to the region left, right and centre in response, making this glorious, culture-rich area easier to access - and sell - than ever. We've put together a guide to some of the best tours to help you do just that.

**CHINA: WENDY WU TOURS' SILK ROAD EXPLORER** Where better to explore the Silk Road than China, where it all began? It was under the Han dynasty (dating as far back as 200BC) that this ancient network first took root, carrying goods from Xi'an through the western Xinjiang region towards central Asia and beyond.

Wendy Wu Tours' 26-day Silk

RIGHT: Sighnaghi, Georgia

> BELOW: Gansu, China



Road Explorer itinerary takes clients to its most fascinating stops, passing Xi'an, Tibet, the Great Wall, Gobi desert and 'singing sand dunes' via historic, commercial towns including Zhangye, Turpan (a 'desert oasis') and Kashgar. Here, donkey carts bounce along narrow alleys, artisans sculpt away on street corners and traders barter at a hectic bazaar that's been in the same spot for centuries. Book it: From £4,290 including all meals, flights, transport, visa fees and accommodation. wendywutours.co.uk

**GEORGIA: CYCLING** WITH EXPLORE Snow-dusted mountains, medieval villages, fairytale castles and ancient Silk Road cave towns - welcome to Georgia. Interest in this former



Retaining mystery as much as beauty, it connects east to west in a one-of-its-kind overland route

Soviet country is firmly on the up, and it's little surprise, with its warm, welcoming people, intriguing (if turbulent) history and glorious mountainous landscapes that invite adventure on foot or by bike.

Explore's Cycling in Georgia trip, which is new for 2019, is all about the latter. Travelling by bus and bike, guests will visit farms, vineyards and key Silk Road

hotspots, staying in traditional guesthouses and sampling local food and wines cultivated in what's regarded as the birthplace of viticulture. Cycling and tipples,

Book it: From £1,635 including flights, transfers, accommodation and some meals. explore.co.uk

**UZBEKISTAN: MERCURY HOLIDAYS' UZBEKISTAN** AND THE SILK ROUTE A gathering point for thousands of years thanks to its position at the heart of the Silk Road, Uzbekistan is a shrine to all things cultural, with glimmering cities such as Samarkand, where turquoise-tiled, domed Islamic buildings shine out from mosaic-decorated squares.

For those looking to







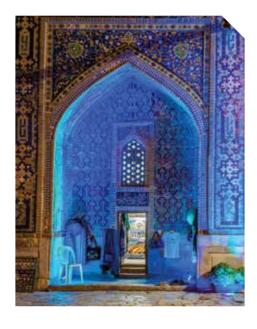


ASK THE EXPERT



## Phil Ellis, product manager, Titan

We've seen a spike in interest for the wider central Asia region recently, and in May, we launched our first tour to Armenia and Georgia, which has gone down a storm. We find the initial pull for clients is the ancient culture and history surrounding the Silk Road. Uzbekistan's shimmering cities such as Samarkand and Khiva are a major attraction, but there's so much more. The people in these regions are welcoming beyond belief. When I was in Armenia recently. I was invited into a family's home, and their hospitality just shone through. The food and drink also has a real honesty about it; there's an abundance of fresh produce and you can pick apricots, peaches, cherries and other fruit fresh from the trees almost everywhere you go. Central Asia is still in its infancy in receiving modern tourists. and as such, it's relatively unspoilt. It always delivers so much more than I expect it to.



LEFT: Samarkand, Uzbekistan

RIGHT: Tian Shan mountains

BELOW: Kyrgyzstan



explore the best of it in limited time, suggest Mercury Holidays' 12-day tour, which combines cooking classes and wine tasting in this striking city with visits to Khiva, a desert city known for its mud-walled, minaret-filled old centre; Bukhara, the holiest city in central Asia, dating back more than 3,000 years; and capital Tashkent, where intricate mosques and a bustling bazaar meet neoclassical buildings and cosmopolitan, tree-lined streets. Book it: From £1,569 including flights, internal travel, accommodation, entry fees and most meals. mercuryholidays.co.uk

KAZAKHSTAN AND
KYRGYZSTAN: SAGA'S
WHERE STEPPE AND
MOUNTAIN MEET

Just as central to the silk trade was Kazakhstan, whose oil and mineral reserves have made it the most

It's not all about central Asia and China - Europe was the end point on the Silk Road and at its core was Turkey

developed country in the 'Stans. Shiny, futuristic buildings fill capital Astana, while the Tian Shan mountains, lake-studded steppe plains and vast sandy deserts bring outdoor adventures into the mix.

Saga's Where Steppe and Mountain Meet packs in the best of it all, visiting impressive sites such as the rainbow-coloured Charyn Canyon and combining them with cultural exploration in Kyrgyzstan; think ancient rock carvings, ornate mosques, artsy cities and abandoned Silk Road hotspots that whisper something of this region's intriguing past. The best part? Most UK travellers don't need a visa for either country.

Book it: From £2,449 including VIP door-to-door service, insurance, flights, accommodation, porterage, entry fees and meals.

travel.saga.co.uk

TURKEY: COX & KINGS' ISTANBUL & CAPPADOCIA

It's not all about central Asia and China - Europe was
the end point on the Silk Road and at its core was Turkey. Cox & Kings has introduced a seven-day private tour visiting Istanbul's highlights - the Blue Mosque, Hippodrome of Constantinople and colourful, sense-overloading Grand Bazaar, to name a few - as well as Cappadocia,





known for its honeycombed rock formations and caves, where underground hotels and churches gleam out from the sandstone. It's one of three tours added by the operator to coincide with Lumley's epic journey from Venice to China.

Book it: From £785 including flights, transfers and B&B accommodation. coxandkings.co.uk

IRAN: GOLDEN EAGLE
LUXURY TRAINS'
PERSIAN ODYSSEY
Demand for Iran is
soaring - Intrepid Travel says
its bookings have grown
112% year on year - and it's
showing no signs of slowing.
From chaotic capital Tehran to
laidback 'pearl of Persia' Shiraz
- where philosophers, poets
and intellectuals have gathered
for centuries - this country is
as diverse as it is fascinating,

and operators are upping their product accordingly.

For one of the most extravagant options, look to Golden Eagle Luxury Trains' Persian Odyssey, which takes passengers from Tehran through Persepolis, Shiraz, Isfahan, Yazd and Mashhad via ancient archaeological sites, opulent palaces, mud-brick citadels, Zoroastrian temples and the world's biggest mosque, Imam Reza Holy Shrine.

It then takes in Turkmenistan, Uzbekistan and Kazakhstan, before winding up in Moscow - a trip for the ultra-dedicated.

Book it: From £16,995 per person, based on two sharing, departing October 13, 2019. The price includes 14 nights in Silver Class, three nights in hotels, excursions, porterage, transfers, a tour manager, and all meals and drinks. Flights are extra.

goldeneagleluxurytrains.com

## Epic Journeys

GAdventures packs all the 'Stans into its new 26-day Five Stans of the Silk Road trip, featuring homestays, desert yurt camps and a visit to a sunken forest among its highlights.

Intrepid Travel's 32-day Great Silk Road trip from China to Uzbekistan visits everywhere from Beijing to Bishkek. "You have an almost never-ending change of landscapes on this trip," says Mark Henderson, Travel 2's senior product and commercial manager.

World Expeditions has added a 15-day, photography-themed Silk Road itinerary from Tashkent (pictured) to Turkmenistan, led by famed snapper Richard l'Anson.

Regent Holidays combines Turkmenistan, Uzbekistan and Kazakhstan in its 14-day Silk Road Cities by Private Train itinerary, taking in Ashgabat, Khiva, Almaty and beyond.

