DESTINATIONS

CARIBBEAN | WATERFALLS



WATERFALLS

Remind clients of the Caribbean's natural assets with Katie McGonagle's pick of must-see cascades



DUNN'S RIVER FALLS, JAMAICA

It has a reputation for being busy during peak times, but there are good reasons why tourists flock to Dunn's River Falls - this impressive waterfall cascades over a series of travertine terraces, making for a picturesque day trip within easy reach of Ocho Rios. If clients are staying nearby, book them on a small-group or private tour for the chance to see the falls without the crowds and to appreciate why the Arawak people named the island Xayamaca, meaning 'land of wood and water'. Book it: Kuoni offers a full-day Ocho Rios tour including Dunn's River Falls from £52, departing from Montego Bay. kuoni.co.uk

TRAFALGAR FALLS, DOMINICA

These twin waterfalls - affectionately known as the Papa and the Mama - in Morne Trois Pitons National Park show just why Dominica is dubbed 'the nature island'. The larger of the two, Papa, plummets 38 metres to merge with warm water from nearby hot springs, while the smaller, Mama, flows into a deep pool where visitors can swim, provided they're happy to scramble over a few boulders first. Pair it with nearby Emerald Pool, where the clear waters take on a distinctly greenish hue as they reflect their verdant surroundings Book it: Viator offers a half-day Emerald Pool and Trafalgar Falls Water Adventure from £71. viator.com



DIAMOND FALLS, SAINT LUCIA

Set within Saint Lucia's oldest botanical gardens in the town of Soufriere, Diamond Falls combines lush scenery, exotic plant life and a host of tropical birds and insects in one Eden-like setting. The kaleidoscope of colourful flowers is reflected in the falls too, which take on different hues depending on the mineral content of the rocks.

Book it: Serenity at Coconut Bay can arrange a private excursion from \$80 or complimentary with seven-night stay. serenityatcoconutbay.com

ARGYLE WATERFALL, TOBAGO

Tobago's highest waterfall actually consists of three falls, reached via a pleasant 15-minute walk along a well-signposted route. The sound of the rushing water signals your approach to the first tier of the falls, while those keen to climb further will be rewarded with the chance to take a dip in its natural pools and feel the water pounding on their shoulders from above. Book it: Caribtours can include a Waterfalls and Chocolate tour on Tobago trips, combining a swim in Argyle Waterfall with a visit to Tobago's first chocolate factory. caribtours.co.uk



ANNANDALE FALLS, GRENADA

This island is awash with enticing waterfalls that Sisters and Mount Carmel among them - but the easiest to access is Annandale Falls, where guests need only wander along a plant-lined path. The rushing water is bordered by walls of rock draped with moss and vines creating an ethereal scene. Book it: Island Routes offers a half-day Grenada Rainforest & Waterfall Dune Buggy Tour, with a drive through scenic spots including Morne Jaloux Ridge followed by a swim at Annandale Falls,



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