



VEGAN DESTINATIONS

Natalie Marsh rounds up the world's best places for plant-based plates



BERLIN, GERMANY

German food is traditionally known for hearty meat dishes and pork and beef-based snacks, but the capital is also renowned as one of the world's most vegan-friendly cities. Think vegan doner kebabs, found in trendy east side neighbourhood Friedrichshain, or sweet treats from Brammibal's Donuts, which has two of its branches in the Kreuzberg district (pictured). Here, clients can indulge in mouth-watering vegan flavours including maple coconut bacon and salted caramel hazelnut.

Book it: Kirker Holidays offers three nights in Berlin from £899 including flights, private transfers and a three-day museum pass. kirkerholidays.com

CHIANG MAI, THAILAND

Chiang Mai leads the way when it comes to Thailand's vegan foodie scene. There are quirky cafes and restaurants, some exclusively vegetarian, all over the city, serving up vegetable curries and papaya salads. Goodsouls Kitchen offers plant-based twists on the likes of khao soi – a coconut curry noodle soup – and pad thai, while Amrita Garden specialises in vegan, Japanese-fusion cuisine. Thailand's top-quality produce, from eggplant to dragon fruit and pineapple, ensures dishes are always bursting with flavour.

Book it: Abercrombie & Kent's 12-night Classic Thailand tour starts at £4,625. abercrombiekent.co.uk



AMSTERDAM, THE NETHERLANDS

Amsterdam is one of Europe's most cosmopolitan cities and its culinary scene reflects this. For vegans, there's an array of fusion cuisine and fast-food spots. Falafel chain Maoz (pictured) originated here, and its Amsterdam branches are 100% vegan. The Vegan Junk Food Bar offers plant-based burgers, hot dogs and fries loaded with brightly coloured toppings.

Book it: Railbookers' four-day Grand Amsterdam City Break starts at £689. railbookers.com

WEST COAST, US

Sun, sand and sea go hand in hand with smoothies, salads and sunset yoga in southern California. But head up the Pacific coast to Portland and Seattle (pictured) and you're just as likely to find vegan options. Both cities are known for being artsy and edgy, right through to the food. Expect vegan cafes and restaurants galore in Seattle, including meatless hot dogs from street food staple turned permanent site Cycle Dogs. Plus, all the handmade vegan dim sum your clients can eat at Portland's Jade Rabbit.

Book it: Intrepid's six-day Seattle to Portland Discovery tour starts at £1,606. Flights extra. intrepidtravel.com



TEL AVIV, ISRAEL

Vegan food has taken Israel by storm – and Tel Aviv is leading the way. Its cuisine is largely influenced by the Mediterranean diet, with plenty of fresh vegetables. Add in the Middle Eastern influence with hummus and falafel and you've got a plethora of yummy vegan meals. Vegan-only eateries have popped up all over the city, while Vegan Fest, the world's largest vegan festival, was held in Tel Aviv in 2019.

Book it: Explore's seven-night Highlights of Israel tour, featuring two nights in Tel Aviv, starts at £1,799, excluding flights. explore.co.uk

