



16 more activities for kids to do at home!

1 Do a family workout

Keeping active is really important - join The Body Coach at 9am on YouTube every day!

2 Play games on Alexa

Try: "Alexa, play Would You Rather for Family" or "Alexa, start SpongeBob Challenge"...

3 Build a fort or den

Grab blankets, sheets, pillows and cushions and create your very own secret den - enjoy!

4 Have a picnic

Get some fresh air with a picnic in your garden. Bring your favourite food & drink and tuck in.

5 Explore with Google Maps

Use Google Maps to find your house, your school and anything else you like!

6 Host a family quiz

Set the questions and get to work - host on video chat to get the grandparents involved too!

7 Shake Up game

Get a 10-minute burst of fun thanks to Change4Life, each featuring a famous character!

8 A-Z of activities

Pick an activity for each letter of the alphabet - put in a jar, then pick a new activity each day!

9 Blind taste test

Fussy eaters - beware! Try a blind taste test challenge, can your kids guess what they're eating?

10 Plant something

Another fresh air idea without leaving home - plant something new and help it grow!

11 Rainbow art

Paint a rainbow and pop it in your front window - it will cheer up the post-person, bin drivers & more!

12 Online theme park tours

Experience top theme park rides from home, with virtual video tours - including Disney!

13 Build a fairy garden

Decorate your very own magical plant pot, making a fantastic fairy garden!

14 Plan movie nights

We've got a list of 50 must-see family movies - how many can you tick off?

15 Do some yoga

Annnd stretch - try Cosmic Kids Yoga on YouTube for a fun yoga class for kids, and grown-ups too!

16 Face-time family

You might not see them for a while, so stay in touch. See if your grandparents can host story time!

Find 84 more indoor activities for kids at
www.dayoutwiththekids.co.uk